

BETHANY'S TABLE

Lunch Menu

Served Tuesday - Saturday 11 am - 3 pm

Pulled Pork with Coleslaw *		\$6.75
Our signature sandwich served with a side of coleslaw.		
Turkey Sandwich *		\$7.50
Oven roasted breast meat, Pest mayo, avacado & Swiss on old fashioned white bread		
Mezza Platter		\$6.50
House made Hummus, Baba Ganoush, tzatziki and kalamata olives served with a cucumber tomato salad and warm pita bread		
Ahi Burger		\$8.75
Sushi grade ahi mixed with soy, rice wine vinegar, citanro, scallions, garlic, egg and Panco and served on a toasted bun with a spicy slaw. Choice of wheat or white.		
B L T *		\$6.50
Bacon, lettuce & tomato served on Old Fashioned White. Add avocado - \$1.00		
Grilled Lamb Pita with Tzatziki		\$6.75
Grilled lamb sirloin accompanied by tzatziki, lettuce, tomato, red onion and feta.		
Bethany "Cheese Steak" Sandwich		\$7.25
Beef sirloin, mushrooms, onions, red peppers and pepper jack cheese on a Hogie roll with horseradish aioli		
Grilled Chicken Sandwich		\$7.00
Grilled chicken brest with choice of cheese served on a wheat or white bun with lettuce and tomato. Add bacon or avocado for \$1.00 each		
Grass Fed Local Beef Hamburger		\$7.00
A full third-pound patty cooked the way you like it. Choice of wheat or white bun. Add avocados, cheese, mushrooms or bacon for \$1 each		
Tomato, Basil and Fresh Mozzarella Sandwich *		\$6.75
Served on a Grand Central Ciabatta roll with pesto mayo and a drizzle of balsamic.		
Veggie Wrap		\$6.50
Portabella mushrooms, tomato, spinach, cucumber, avocado and red onions with pesto mayo and chevré		
Quiche - Selections vary daily. Served with a green salad or a cup of soup		\$6.75
Soup and Salad served with bread		\$7.25
Green Salad (Dressings: House-made Balsamic Vinaigrette, Ranch or Bleu cheese)		\$5.25
add a side salad or a cup of soup to any sandwich		\$3.50
Add grilled chicken breast for \$3.00		
House-Made Soup (see the board for today's selection)	Cup	\$4.00
	Bowl	\$5.50
Kid's Stuff – each item includes a serving of fresh fruit salad		\$4.75
Mock Pizza -or- PB&J -or- Grilled Cheese -or- Slider (mini-burger)		
Coffee, Hot Chocolate, Hot Tea, Iced Tea, Apple Juice, Soft Drinks		\$2.00
Fresh Squeezed Orange Juice or Lemonade		\$3.00
Sanpellegrino - Limonata or Aranciata or Arnold Palmer		\$2.50

* With these items you may order a half-sandwich and add a side salad or a cup of soup for the same price